



DAME ALLAN'S SCHOOLS
building the future

The PE and Games Department

We are proud of our successful PE/Games department which continues to strive for further excellence whilst also offering a broad range of inclusive activities.

As a department, all of our teaching/coaching recognizes the importance of an enthusiasm for our subject and having high expectations of all our students. Our shared ethos allows us to provide a broad range of competitive opportunities whilst also implementing a sport for all approach.

At present we have eight full time members of staff and one part time-teacher.

Current provision

- Years 7, 8, 9: All boys and girls are timetabled for one period (65 minutes) of PE and two periods of Games per week in recognition of the value placed on physical activity.
- Year 10: All boys and girls are timetabled for one period (65 minutes) of PE per fortnight and two periods of Games per week.
- Year 11 : All boys and girls are timetabled for one period of PE and one period of games per week in recognition of the value placed on physical activity.
- Years 12 and 13: All students are timetabled for two periods of games on a Wednesday afternoon and follow either a performance or participation based programme.
- Year 12 students also have the option of taking the Level 2 Sports Leadership Award as part of the Sixth Form super-curricular programme. This course is allocated an additional period per week.
- Years 12 and 13: A Level students are timetabled ten periods across a two week timetable in recognition of the course status.

Every student has the opportunity to attend extra curricular activities which range from our main games sports, table tennis, additional skills, and strength and conditioning.

Facilities

Our Senior School sports facilities include a sports hall (including a weights room), pavilion, gymnasium, fitness suite, two outdoor netball courts, a 7 a-side artificial turf pitch, 8 tennis courts and three rugby/football pitches. Each area is WIFI enabled and all students have their own chromebook supplied by the Schools.

Hockey games afternoons are held at the nearby Westgate astro turf pitch. Jesmond Pool provides an easily accessible swimming location and pupils also make use of facilities at a local squash club.

At the Junior School pupils have access to a multi use games area for a variety of sports including hockey, football and tennis. Indoor sport takes place in the school hall and adjacent multi use room. There is also a grassed area for rugby and athletics and a netball court marked out on the school yard. .



Sport is a major contributor to the success of the Schools, both in the achievement of local, regional and national success but also in offering all pupils the opportunity to undertake physical exercise and enjoy competition. All (including the Sixth Form) have a weekly games lesson; in the Junior School this is supplemented by a PE lesson and a swimming lesson, in Years 7-11 by a PE lesson.

The major games are hockey, netball, rugby, cricket, tennis and athletics. Many pupils gain county, city or regional recognition in their sports and the Schools have been represented in national finals in a variety of sports in recent years including cross country, athletics and squash. Successful tours have taken place in Europe and beyond with boys and girls teams visiting the Czech Republic, South Africa, Malaysia, Canada and Barbados to pursue a variety of sporting opportunities.

