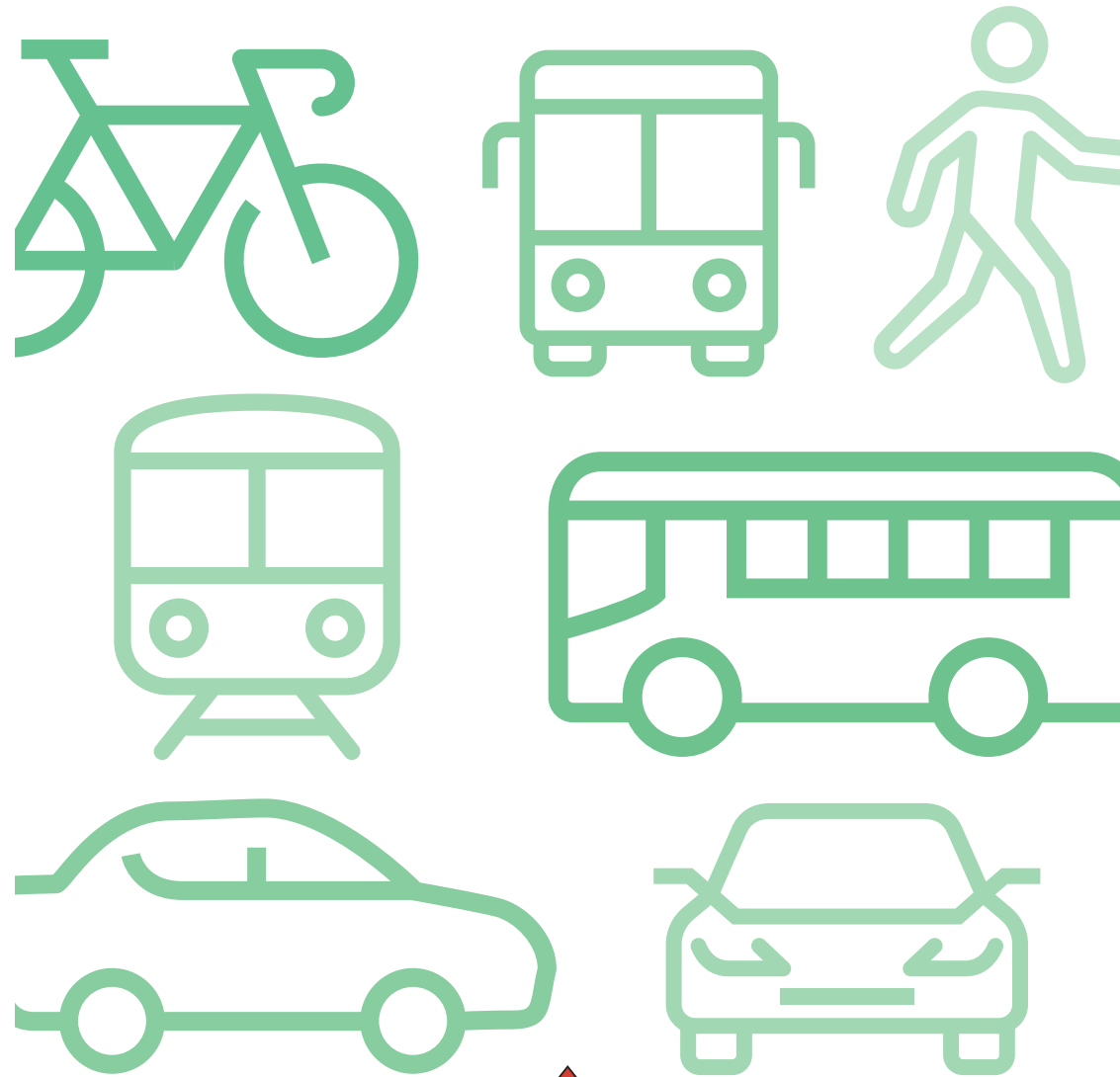


# Travelling to Dame Allan's Senior Schools

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Each year Dame Allan's Schools provides a wide range of transport choices for pupils. Where possible, we strongly encourage our pupils to choose active travel choices (walking and cycling) or public transport as their primary travel option.

These choices are more convenient and environmentally friendly for pupils and parents/guardians.

In this booklet you can find details of the different ways to travel to the Schools: bus, train, cycling, walking and driving as well as some of our top tips to enjoy a safe and convenient travel experience.

## Buses

### Buses to and from Dame Allan's Schools

We provide several different bus services from across the area, alongside the regular public transport timetables, to encourage pupils to take the bus to school. By taking the bus you avoid congestion in and around the local area and help protect the environment.

We expect all of our pupils to behave responsibly on transport whilst travelling to and from school. This means following all safety guidelines and adhering to the [Schools' code of conduct](#).

An overview of the timetables of all services can be found in this booklet. If you need further information on the routes and timetables please contact the Bursar's office on 0191 274 5910 or email: [finance@dameallans.co.uk](mailto:finance@dameallans.co.uk).

### Services run by Dame Allan's Schools

**Route 1:** Newcastle Great Park, Gosforth, Jesmond

Starts at Newcastle Great Park 07:20 and arrives at Fenham Hall Drive 08:05.

Return journey follows route in reverse leaving Wingrove Road North at 16:00 terminating at Newcastle Great Park at 16:45.

**Route 2A:** Gosforth

Starts at Blue House Roundabout Gosforth High Street 07:48 and arrives at Fenham Hall Drive 08:10

Return journey follows route in reverse leaving Wingrove Road North at 16:00 and terminates at Blue House Roundabout Gosforth High Street at 16:15

**Route 2B:** Tynemouth, Whitley Bay, Forest Hall, Longbenton, Matthew Bank

Starts at Tynemouth metro station 07:08 and arrives at Fenham Hall Drive 08:00

Return journey follows in reverse leaving Wingrove Road North at 16:00 and terminating at Tynemouth metro station at 17:10

**Route 3:** Burnopfield, Whickham, Sunniside, Dunston

Starts at Bryan's Leap 7:30 and arrives at Fenham Hall Drive 8:20

Return journey follows in reverse leaving Wingrove Road North 16:00 and terminates at Bryan's Leap 16:55.

**Route S1:** Hillcrest, Biddick Woods, Road End - The Meadows, High Generals Wood, Ash Meadows, Mount Pleasant

Starts at Road End- Hillcrest (A690) 07:15 and arrives at Dame Allan's Senior Schools 08:20

Return journey follows in reverse leaving Dame Allan's Schools at 16:00 and terminating at Road End - Hillcrest at 17:05

For Junior School pupils using any of these services there is a school minibus shuttle to and from the Senior Schools.

### Services run by external providers

The following services are run by external companies and should be contacted directly.

**Bells of Stamfordham** (Stamfordham/ Darras Hall/Ponteland Woosington Service)

Further details from Lynda Sharp on 01661 886 397/ 886 207

**Kennedy's Mini Coaches** (Alnwick/Morpeth Service)

For further information, please contact Kennedy's on 01670 822 249.

### Public Transport

The Schools are also accessible by public transport.

**36** runs every 18 minutes from Blackett Street to Fenham Hall Drive.

**63** runs every 18 - 20 minutes from Killingworth via Blackett Street to Fenham Hall Drive.

**87, 72** runs at 30 minute intervals rotating (i.e. 87 at 07:03; 72 at 07:33) from Grainger Street and Blackett Street to Fenham Hall Drive.

**12** runs every 10 minutes from Wallsend, Walker, Byker via Blackett Street to Wingrove Road/ Nuns Moor Road and Hadrian Road.

**32/32A** - Walker - City - Benwell - Kenton runs at roughly 30 minute intervals.

You can see further information on the timetables for these services on the [stagecoach website](#). [Nexus](#) also provides a journey planner which may assist you in planning your route to the Schools.

## Travelling by Train or Metro

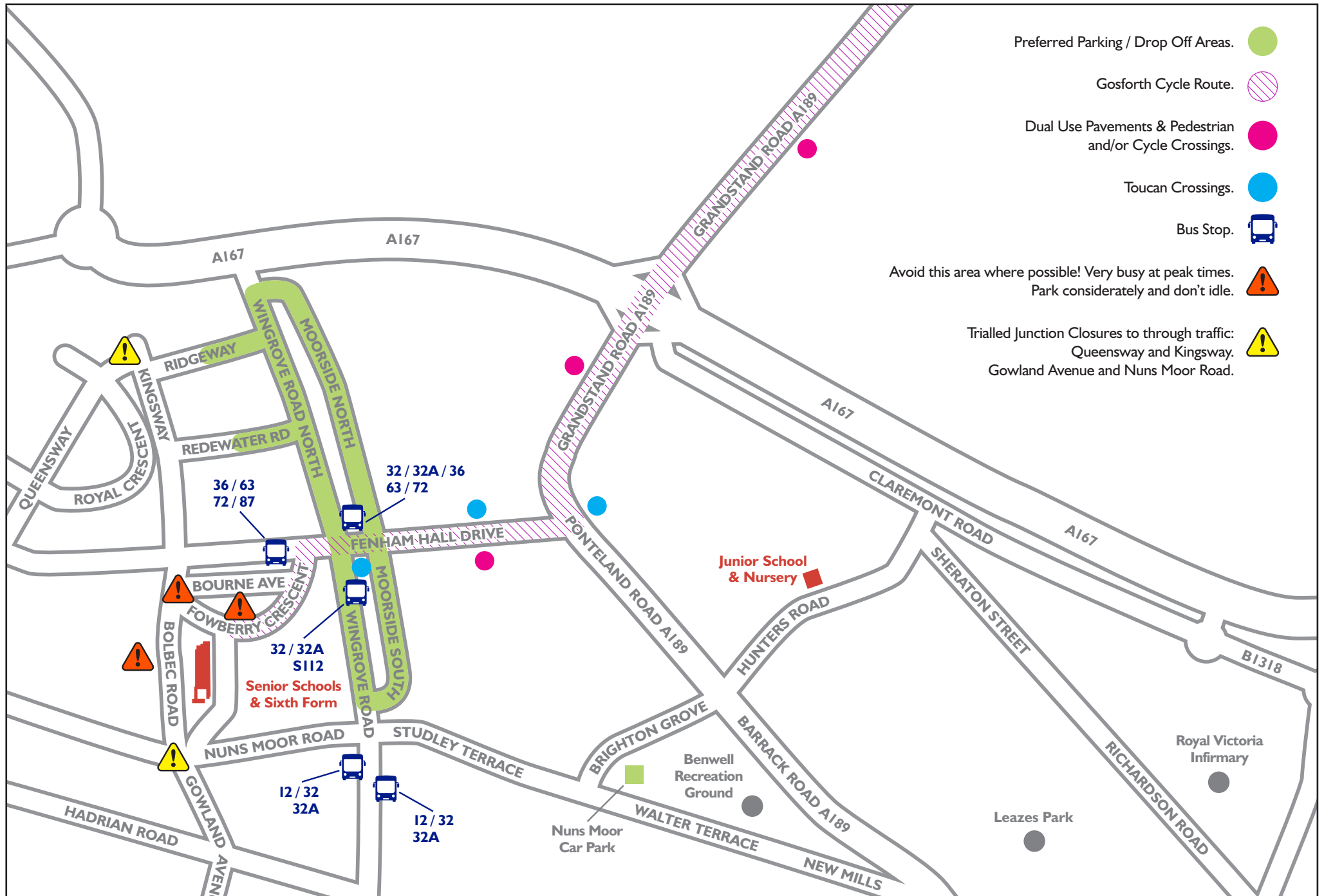
We recognise that some pupils may be travelling from further afield and may not be able to take a bus direct to the Schools. They may find it more convenient to come into Newcastle by train or Tyne and Wear metro. There is then a bus that takes pupils from Newcastle Central Station to Dame Allan's Schools.

This departs Bewick Street at 08:15/08:20 and arrives at Dame Allan's Senior School at 08:30.

If there are changes to timetables or services during the academic year we will notify you in the following ways:

- 1) Email to Parents
- 2) Pupil Announcements Board

All information is provided in good faith and Dame Allan's Schools can accept no liability with regards to services operated by external providers and/or public transport.



## Cycling

We really encourage pupils to consider cycling to school. There is an off-road safe cycling route from the Gosforth area to the Schools and pupils are able to store their bikes securely in bike sheds on site. You can see further details on our map on pages 4 and 5 which highlights the main cycle route.

We understand that cycling to and from school every day may not be convenient or appealing for everyone. However, we would still suggest that even occasionally cycling to the Schools is beneficial.

Asides from the overwhelmingly positive environmental benefits it is also a great way to start the day. Whilst most people will only think of the benefits of exercising as simply keeping fit, there is an abundance of research that discusses the impact of exercise on your brain.

From reducing stress and anxiety and increasing your focus and concentration immediately after exercising, to improving your sleep and memory in the long term, cycling is a really great way to start your school day.

## Walking

As we have previously mentioned, exercising on the way to school is not only a great way to start the day, but it is also hugely beneficial for the environment. We would therefore encourage pupils to walk to school if possible.

There have been significant attempts to make pedestrians feel safer when walking such as the latest updates to the Highway Code or Newcastle City Council's initiatives. Newcastle City Council's latest trials began in March with the closing of both Gowland Avenue and Nuns Moor Road as through routes to vehicles. Both routes will remain open to people on foot and bike. You can see this illustrated on the map (pages 4 and 5). Further details of the measures can be found on [Newcastle City Council's website](https://www.newcastle.gov.uk/newcastle-city-councils-website).

If those weren't big enough reasons to consider cycling or walking to Dame Allan's Schools then maybe our monthly free Active Travel breakfasts will convince you...

## Driving

We realise that for some driving is a necessity and will often form a part of a family's daily routine. As there are a number of pupils that travel to school in the car, we thought that it would be worth sharing a few tips and reminders.

- 1. Avoid Fowberry Crescent, Bolbec Road and Bourne Avenue.** We would recommend avoiding these three roads, as they are often very busy, especially at peak times. Nearby residents have to bear the brunt of the impact of this traffic and we are really keen to reduce the issues they face.
- 2. Don't idle and leave your engine running!** Not only will you save money but this is also hugely beneficial for the air quality around the Schools, thus protecting the environment and more importantly the health of your children.
- 3. Drive safely and park carefully.** If there are no other options and you need to park in the close vicinity of the Schools, please do so considerately. Take care not to block the drives of our residents when you are parking your vehicle and to adhere to the 20mph speed limit that is in place. Remember the raised area at the junction of Fowberry, Bourne Avenue and Bolbec Road is a pavement, and therefore cars should not be parked there.
- 4. Park and Stride.** Parking and striding (dropping pupils off short of school and allowing them to walk the rest of the way) allows you to get the best of both worlds. You can travel to the Schools efficiently and

also do your bit for the environment. You will also avoid the stress of parking in the busy areas such as Fowberry Crescent, Bourne Avenue and Bolbec Road. There are a few preferred parking areas, detailed on the map on pages 4 and 5, that allow your children to walk the final part of the journey.

## Did you know?

**26% of those caught idling are spotted doing so outside school.**

**Idling for more than 10 seconds uses more fuel and produces more emissions that contribute to smog and climate change than stopping and restarting your engine does.**

This means school children are facing the consequences of poorer air quality more so than most others. (RAC Research)

## 5 Top Tips for Travelling to Dame Allan's Schools

- 1. Stay safe** - We have regular talks on road and pedestrian safety to help make sure the children feel as safe and as confident as possible when travelling to school. Pupils should make sure they have the right equipment, for example, if they are cycling, they should be wearing a cycle helmet.
- 2. Plan your journey and avoid peak times (8:20 - 8:30) (3.45 - 4.00).** Plan your journey to school before term starts, working out how long it will take you and familiarising yourself with the route. That way your child will feel comfortable with their journey and as a parent you can ensure an enjoyable travel experience.

Planning ahead will also help you avoid the rush of cars at peak times in the surrounding areas around the schools. There are plenty of brilliant co-curricular activities on offer, before and after school, as well as the after school area where pupils can wait until 17.45 which may also help you avoid the peak time traffic.

- 3. Start small** - We recognise that converting to sustainable transport options may be a big change and not necessarily a simple one. We simply ask parents and pupils whether they can make small steps with us. For example walking and cycling or getting public transport once a month, then twice a month and so on.
- 4. Get a Nexus Travel Card** - We recommend that pupils travelling by public transport take advantage of the discounts available to them. The Nexus Pop and Pop Blue card allow children to travel with concessionary fares every day on all public transport in Tyne and Wear. Further details can be found here on the [Nexus Website](https://www.nexus.co.uk).
- 5. Travel with a friend** - It is always nice to have a travelling companion whether you're walking, cycling or using public transport. If you are planning to take your child to the Schools by car, we can help to arrange a car share with other parents who are similarly interested. This will help lighten the load on your busy schedules and allow children to travel to the Schools together.

We hope that you find this information helpful. Our transport provision is evaluated at the end of each academic year and we always look to improve our offering and make travelling to Dame Allan's easier. If there are any questions, please do get in touch with us - [finance@dameallans.co.uk](mailto:finance@dameallans.co.uk).